



SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School Breakfast and Lunch Menu November 2024



Alternate Cereal, Oatmeal and Yogurt Bar Available for

Breakfast and Lunch Served with variety milk choice

Breakfast				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.		
28	29	30	31	1
Cheese Omelet and Toast Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Cowboy Bread Fruit Juice, Milk	Spider Eggs(Donut Holes) Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Breaded Chicken Sandwich Lettuce, Tomatoes and Pickle French Fries Fresh Fruit and Vegetable Bar Oatmeal Chocolate Chip Cookie Milk Corn Dog/FF	Indian Taco Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk SAME	Popcorn Chicken Mashed Potatoes & Gravy Corn WG Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/ Veggie	Scary Spaghetti Goulish Green Beans Ghostly Garlic Stick Fresh Fruit and Vegetable Bar Worm Dirt Milk SAME	Sub Sandwich Lettuce, Tomato and Pickles Baked Cheetos Fresh Fruit and Vegetable Bar Jello Milk Pizza/Salad
4	5	6	7	8
Sausage Biscuit Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Donut Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Mr. Ribb Sandwich Baked Beans Coleslaw Fresh Fruit and Vegetable Bar SideKick Milk Corn Dog/Veggie	SMS Special Chicken, Rice & Cheese Chips and Salsa Fresh Fruit and Vegetable Bar Milk SAME	Roasted Chicken Mashed Potatoes & Gravy Glazed Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/ Veggie	Vegetable Beef Soup Cheese Stick Crackers Fresh Fruit and Vegetable Bar Cinnamon Roll Milk SAME	
11	12	13	14	15
Chicken Biscuit Fruit Juice, Milk	Waffles Fruit Juice, Milk	Funnel Cake Strawberries and Cream Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Cheeseburger Curly Fries Pork n Beans Fresh Fruit and Vegetable Bar Snickerdoodle Cookie Milk Corn Dog/Veggie	Burrito w/ Cheese Sauce Spanish Rice Chips and Salsa Milk SAME	Chicken Tenders Mashed Potatoes & Gravy Sweet Corn WG Hot Roll Fresh Fruit and Vegetable Bar Milk SAME	Orange Chicken Ramen Noodles Roasted Veggies Fresh Fruit and Vegetable Bar Fortune Cookie Milk SAME	Lasagna Cesar Salad Garlic Breadstick Fresh Fruit and Vegetable Bar Orange Sherbert Milk Pizza/Salad
18	19	20	21	22
Sausage and Cheese Biscuit Fruit Juice, Milk	Pancakes Fruit Juice, Milk	Long John Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Corn Dog Tator Tots Fresh Fruit and Vegetable Bar Milk	Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Fresh Fruit and Vegetable Bar Fruit Juice Milk	Thanksgiving Dinner 	Stuffed Crust Pizza Baby Carrots and Celery Ranch Dip Apples and Caramel Juice Milk Pizza/Salad
SAME	SAME	SAME		Pizza/Salad

*****THANKSGIVING BREAK November 25th - November 29th*****

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.